

VEDAS AND WORLD PEACE



The Vedas are considered to be the most sacred texts of Indian traditional knowledge. The Vedas are also referred to as the eternal wisdom of India. Vedas are not only the oldest sources of knowledge in the world but are also regarded as a treasure trove of knowledge and wisdom. It is worth noting that the Vedas are eternal and have been guiding us through the Guru-Shishya tradition for ages till today. The Veda is said to be the point of creation. The word 'Veda' means knowledge, which is dedicated to the existence and welfare of humanity. The Vedas reveal the cause, action, and reaction of human existence in a way that promotes liberation or nirvana. The Vedas are related to divine nature and are not limited to any one particular God, religion, sect, or idea. The ancient sages believed that the concept of 'Veda' has always

been dedicated to the existence and all-around development of human beings. The Vedas were usually transmitted orally from one generation to the next until they were written between 1500 C and 500 BCE, the so-called Vedic period of India.

Realizing the importance of Vedic knowledge and Technologies for the country and the whole world, ten Universities all around the world joined hands to initiate a worldwide campaign to make young generations aware of the immense potential of Vedic Sciences and encourage them to propagate and utilize Vedic knowledge for peace and prosperity of the world. The idea to initiate this great campaign was conceptualized in the year 2019 in a meeting with Dr. Tony Nadar (the successor of respected Mahesh Yogi) on the sidelines of the UNICEF international summit in Paris where I represented India. Dr. Nadar is a medical doctor and a globally recognized Vedic scholar trained at the world's prestigious Harvard Medical School (MD) and Massachusetts Institute of Technology (Ph.D. in Neuroscience). During our discussion we talked about "Why have we come here on Earth? What is the purpose of life? What should we do with our short lifetimes on Earth to attain nirvana? Why do people struggle, and why do they suffer from the disease and pain world all around the world? Why people are not happy?"



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We felt that there is an urgent need to educate our youth regarding the huge potential of Vedic Science and Technology. It was also observed that lack of human values is the main reason for immense challenges faced by younger generations.

As a part of this program, it was resolved that governments across the globe would be encouraged to make serious efforts for the inclusion of value-based education as an integral part of their school curriculum. After elaborate discussions with Dr . Raja Luis, Chairman of Maharshi Caribbean University, other Vice Chancellors, and various other experts, it was concluded that effective planning and implementation were necessary for the propagation of Vedic knowledge throughout the world. It was felt that to ensure world peace all stakeholders with complete dedication to world peace and harmony with their body, mind, and wealth should be brought on one platform. The basic goal is that with the collective effort of all people, we can establish lasting global peace. Our resolve to connect the whole world with this great campaign is progressing successfully.

Vedas are not confined to one religion. This is how we initiated the global campaign titled "Vedas and World peace. Vedas belong to the universe and all the people who can understand the concept of God. As per Vedas the Supreme pervades and supports the entire universe being present within every atom. All living beings are divine creations. No one has to become a Hindu to read them and benefit to whatever degree they are able from their knowledge. One just has to be open-minded, intelligent, unbiased, and logical.

Hinduism is a way of life. Vedic literature has got more in-depth knowledge about life, and the world and has a universal quality. It teaches us various methods to achieve an everlasting peace. . We can say that it is a real philosophy behind all religions of the world as well as a way of true life. It has shown self-realization as the way to peace. Where in the world can you find such a wonderful and amazing prayer? May the sky be peaceful; may the atmosphere be peaceful; may the earth be peaceful; may waters be peaceful; may the medicinal herbs be peaceful; may all plants be peaceful; may all the devas be peaceful; may the creator of the universe be peaceful; may all be peaceful

On this level of our own truest Self, we are connected with everyone and everything because from here everything emerges. This experience leads to fully grown and pure feelings not only for a fulfilling life but also for an enlightened life. We all are aware that at the beginning of human creation, the almighty transmitted divine knowledge to mankind for a style of life generating health, happiness, progress, and prosperity in the form of Veda. Almighty revealed Vedas or divine knowledge to the Rishis and the Sages and they passed it on without any discrimination between men and women or man and man irrespective of world view or any worldly situation. Veda is available to any individual in the simplest form of human awareness. Providing a deeper understanding of Veda has shown that Veda is a field of total knowledge, and pure intelligence, which is available for every individual in the settled state of their mind. Given the current tensions prevailing in the world, we

all must join hands with the exponents of Veda and its technology to learn and utilize it to attain spiritual enlightenment and at the same time promote peace and prosperity in society and the world as a whole. As per Vedic philosophy, life is found in layers. Humans are special creations of nature who have the freedom to choose but everyone has to choose from nature. In daily life, every human being has to deal with external and internal issues (interpersonal issues and mental affairs). Nowadays youth, across the globe are confronted with diverse challenges. Early-age trauma scars the brain and results in poor academic performance, sickness, abuse, crime, substance use disorder, violence, and antisocial behavior. Various organizations worldwide are working on a worldwide campaign aimed at partnering with local government and civic organizations to bring the meditation techniques as well as other aspects of various Vedic approaches at no cost to under-resourced adults, children, and

institutes to reduce stress, improve cognitive and brain functioning, and prevent crime.

Vedic Science and Technologies, developed in the various institutions, and other sister network universities have proved Vedic Knowledge as a solution in the modern world. All the crises of the modern day can be met with Vedas and technologies that have emerged out of Vedic knowledge. The results of the scientific studies done on Meditation Techniques prove the validity and practicality of this approach. Among the vast body of scientific research, there are studies for each one of the following points.

Vedic education (consciousness-based Vedic

education - CBVE) helps in taking the right decisions in difficult situations thus improving decision-making abilities. Vedic science and education inculcate students with essential values for human civilization like kindness, compassion, empathy, etc. Consciousness-based Vedic education awakens curiosity in children developing their values and interests. This further helps in skill development in students. It also fosters a sense of brotherhood and patriotism thus helping students become more open-minded and welcoming towards all cultures as well as religions. Vedic Science and Technology provide a positive direction to a student's life as they are taught about the right values and ethics. Vedic Science and Technology helps students find their true purpose in serving society and doing their best to become a better version of themselves. With age comes a wide range of responsibilities. This can at times develop a sense of meaninglessness and can lead to a rise in mental health disorders, mid-career crises, and growing discontent with one's life. Vedic education especially the research on Meditation and other Vedic techniques aims to fill the void in people's lives. Moreover, when people study the significance of values in society and their lives, they are more convinced and committed to their goals and passions. This leads to the development of awareness which results in thoughtful and fulfilling decisions.

The key importance of Vedic education gets highlighted in distinguishing the execution of the activities and their significance. It instills a sense of 'meaning' behind what one is supposed to do and thus aids in personality development. Challenges posed by



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climate change, violence, poverty, disease, inequality, stress, discrimination, hunger, and drugs can all be met successfully with Vedic Knowledge and the application in form of different Vedic Technologies. It's time we realize that Vedic knowledge is an answer to the challenges confronting the world.



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